



Active Birth Pools Cleaning and Disinfection Guidelines

This is a two-step procedure – first cleaning the pool and surround, then disinfection of the pool and surround.

1. Before emptying the pool, remove debris and larger particles from the water with a sieve to prevent it from blocking or obstructing the outlet.
2. Use the standard infection control precautions (plastic apron, disposable gloves and eye protection) when cleaning the pool. Ensure the area is well-ventilated.
3. Cleaning – use a non-abrasive detergent with a non-abrasive sponge or cloth to thoroughly clean the pool. Ensure the tap is cleaned first so as not to transfer microorganisms from the “dirty” pool area to the cleaner tap region. Rinse well with warm water.
4. Disinfecting – use chlorclean or similar hypochlorite disinfectant following the directions on the packet for mixing the solution to the correct concentration for disinfecting the birth pool and surround. Do not use bleach, as it is highly corrosive and could cause damage to the fittings.
5. Apply the solution to the tap and spout before disinfecting the pool.
6. There are three methods for disinfecting the pool that are commonly used in hospitals:
 1. Fill the pool with cold water and add the requisite amount of disinfectant – leave for ten minutes. The advantage of this method is that it is 100% effective but wasteful of water, time-consuming and uses a large amount of disinfectant
 2. Make up 2-3 litres of solution and pour it around the inside of the rim. Then, use a new disposable mop or cloth to spread the disinfectant over the pool's surface. Leave for ten minutes. The advantage of this method is that it is economical in terms of time and cost but relies upon the person carrying out the task to ensure that 100% of the pool surface is disinfected.
 3. Fill a spray bottle with disinfectant and thoroughly spray the pool's surface and surround. Then, use a new disposable mop or cloth to spread the disinfectant over the pool's surface. Leave for ten minutes. The advantage of this method is that it is economical in terms of time and cost but relies upon the person carrying out the task to ensure that 100% of the pool surface is disinfected.
7. Open the drain outlet and empty the pool of the disinfectant.
8. Using cold water, rinse the tap and then the pool to remove all traces of the disinfectant to prevent any residue on the pool surface.
9. Dry the entire pool surface using a new cloth or disposable mop head.
10. Keep the drain outlet closed when not in use.

If you are duty flushing the taps with hot water/steam, add a few inches of cold water to the pool first.

Our guarantee will not cover damage resulting from higher water temperatures, steam cleaning, or use of products not approved by Active Birth Pools.